

The only way to know if a medical office building's sustainability program is fostering good indoor environmental quality (IEQ) is when testing shows that key indicators are at optimal levels. To earn these points, demonstrate that IEQ/IAQ testing in areas under management control has shown:

- *CO₂ level below 800 ppm*
- *Temperature between 68 and 75 degrees in winter and 71 and 76 in summer*
- *Relative humidity between 40 and 60%*
- *Sound level below 40 dB(A)*
- *Total volatile organic compound (VOC) level below 500 µg/m³*
- *Formaldehyde level below 27 ppb*

1. Enter measurements from the most recent IEQ assessment, IAQ test, and/or internal monitors.

CO ₂ level	ppm
Temperature	°F
Relative humidity	%
Sound or noise level	dB(A)
Total VOC level	µg/m ³
Formaldehyde level	ppb

2. Include a copy of the most recent measurements for these indicators. You may also provide a memo from the service provider or supervisor of the property or facilities management team, attesting to these results.

To demonstrate eligibility for these points, I have included results of testing or a memo with the property's CSP application.	
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Alternative Documentation

Instead of this form, you may submit at least one of the following to IREM®:

- Results of IEQ assessment/IAQ testing that show acceptable results
- Memo from service provider or supervisor of property or facilities management indicating measurements for key indicators and attesting to those results