

H.5

Offer healthy food options wherever meals and snacks are served in areas under management control

Give building occupants the ability to make healthy food choices by providing at least 3 healthy options in all vending, cafeterias, and other areas under management control. You may also consider and include special events where food is served. Healthy options include:

- *Sugar-free beverages*
- *Whole fruit*
- *Fresh, whole vegetables*
- *Whole grain foods and snacks*
- *Lean meats and fish*

1. List the 3 healthy options you made available wherever food is served.

1. _____
2. _____
3. _____

Alternative Documentation

Instead of this form, you may submit at least one of the following to IREM®:

- Invoice or purchasing history showing food
- Paragraph describing how you made healthy food options available